

Level 2 Instructing Exercise in a Gym Environment (Full-Time)

BTEC Sport industry qualifications are geared towards exciting, fast-growing areas of the sport industry and have been developed to meet industry standards, giving learners the best possible chances of a successful career. Achieving this qualification will give you an advantage when applying for a job in the sport and active leisure industry. For more information please use our guide to professional standards

https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Sport/BTECSport_CIMSPA.pdf. The type of job you will be ready for is:

- Gym Instructor.

The qualification gives you a sound basis to progress to a Level 3 qualification, when studied in a full study programme, such as the BTEC Level 3 National in Sport Coaching and Development, the BTEC Level 3 National in Sport, Fitness and Personal Training Business and the BTEC Level 3 National in Sport and Outdoor Activities

Entry Requirements

3 GCSE's at C or above of which one must be either Maths or English

Career Prospects

On completion of this course you will have met the industry standards to work as a Gym Instructor. In addition there will be an opportunity to complete a Pool Lifeguard qualification allowing direct entry as a lifeguard.

Course Modules

BTEC Level 2 Diplomas in Sports Industry Skills are intermediate qualifications for post-16 learners who want to specialise in a specific occupation, occupational area or technical role. They prepare learners for work or an Apprenticeship by giving them the opportunity to develop sector-specific knowledge, technical and practical skills, and to apply these skills in work-related environments. The qualifications also provide progression to Level 3 Tech Level qualifications. There are 4 compulsory units :

- Working in the Sport and Active Leisure Industry
- Exercise Instructor Knowledge and Skills Development
- Preparing Clients for a Gym-based Exercise Programme

Coleg Afan
Coleg Bannau Brycheiniog
Academi Chweraeon Llandarcy
Canolfan Ragoriaeth Adeiladwaith Maesteg
Coleg Castell-nedd
Coleg Y Drenewydd
Coleg Pontardawe
Canolfan Adeiladwaith Abertawe

Afan College
Brecon Beacons College
Llandarcy Academy of Sport
Maesteg Construction Centre of Excellence
Neath College
Newtown College
Pontardawe College
Swansea Construction Centre





- Working as a Gym Instructor

Assessment

Internal assessment and practical assessments

Additional Costs

Kit and assessment fees for Pool Lifeguard

STUDY MODE

FT

LOCATION COURSE LENGTH

1Y

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