



Level 3 Diploma in Sports Injury Prevention and Management - VTCT (Full-Time)

The VTCT Level 3 Diploma in Sports Therapies is a full-time further education course designed for students who are interested a career in sport therapy within the sport, fitness and leisure industry.

Entry Requirements

Age 16-18: a minimum 5 GCSEs at grades C or above (or equivalent). Mature learners: interview prior to enrolment for mature learners.

Career Prospects

This qualification will allow learners to continue their studies to Level 4 Certificate in Sports Massage Therapy. You can also progress into higher education.

Alternatively, you may wish to seek employment within the sport and active leisure sector as a Sports massage therapist.

Course Modules

The course content includes fitness testing, sports massage, anatomy and physiology, and strapping and taping. You will also learn the basic management of sports injuries. You will also study essential key skills, business skills, customer service and employment practices. You will undertake a period of work experience in the industry.

The course tutors have many years of experience in the field of sports therapy including the London Olympics, Commonwealth Games, Swansea City FC and the Ospreys RFC as well as running a successful specialist sport therapy clinic.

Assessment

Assessment methods include: observation of practical work, written assignments, oral questioning, written end of unit tests. Outside of lessons, you will compile a portfolio of evidence and complete workbooks.

Coleg Afan
Coleg Bannau Brycheiniog
Academi Chwaraeon Llandarcy
Canolfan Ragoriaeth Adeiladwaith Maesteg
Coleg Castell-nedd
Coleg Y Drenewydd
Coleg Pontardawe
Canolfan Adeiladwaith Abertawe

Afan College
Brecon Beacons College
Llandarcy Academy of Sport
Maesteg Construction Centre of Excellence
Neath College
Newtown College
Pontardawe College
Swansea Construction Centre





You will be expected to practice skills learnt with a local sports club for case study purposes.

Additional Costs

There will be additional course-related costs.

STUDY MODE

FT

LOCATION

Afan College - 0330 818 8100

COURSE LENGTH

1 Year

Coleg Afan
Coleg Bannau Brycheiniog
Academi Chweraeon Llandarcy
Canolfan Ragoriaeth Adeiladwaith Maesteg
Coleg Castell-nedd
Coleg Y Drenewydd
Coleg Pontardawe
Canolfan Adeiladwaith Abertawe

Afan College
Brecon Beacons College
Llandarcy Academy of Sport
Maesteg Construction Centre of Excellence
Neath College
Newtown College
Pontardawe College
Swansea Construction Centre

