



# Level 3 NCFE Extended Diploma in Sporting Excellence and Performance (Rugby Academy) Year 1 of 2 (Full-Time)

The NCFE Level 3 Extended Diploma in Sporting Excellence and Performance runs alongside the NPTC Rugby Academy which develops the elite rugby player in all aspects of their game, as well as exploring the many areas of sporting excellence. This qualification is a two year course for learners interested in developing their rugby skills and the various fast-paced careers within the Sports Sector. Students need to be motivated, educated and driven in all the units to complete the various assessments and coursework throughout the qualification. There are no exams in this 3 A level equivalent qualification, however learners are required to complete all specified assessments by the required deadlines. Units include: Fitness Training, Sports Nutrition, Fitness Testing and Sports Coaching.

This course will allow you to experience many aspects of the Sporting industry alongside developing your rugby skills with a bespoke academy training programme, and will help decide what pathway you want to apply for on the successful completion of the Extended Diploma. You also have the option of continuing your studies on the Sports Science HNC/HND course, also delivered at NPTC GROUP of Colleges.

## Entry Requirements

5 GCSE at grade C or above. Maths or English at grade C or above included

## Career Prospects

Professional Rugby, University, Coaching

## Assessment

Internal assessments

Coleg Afan  
Coleg Bannau Brycheiniog  
Academi Chwaraeon Llandarcy  
Canolfan Ragoriaeth Adeiladwaith Maesteg  
Coleg Castell-nedd  
Coleg Y Drenewydd  
Coleg Pontardawe  
Canolfan Adeiladwaith Abertawe

Afan College  
Brecon Beacons College  
Llandarcy Academy of Sport  
Maesteg Construction Centre of Excellence  
Neath College  
Newtown College  
Pontardawe College  
Swansea Construction Centre



☎ 0330 818 8100

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🌐 [www.nptcgroup.ac.uk](http://www.nptcgroup.ac.uk)





## Additional Costs

Some fees maybe required for accreditation

## STUDY MODE

FT

## LOCATION

Llandarcy Academy of Sport - 0330 818 8100

## COURSE LENGTH

1Y

Coleg Afan  
Coleg Bannau Brycheiniog  
Academi Chwaraeon Llandarcy  
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