

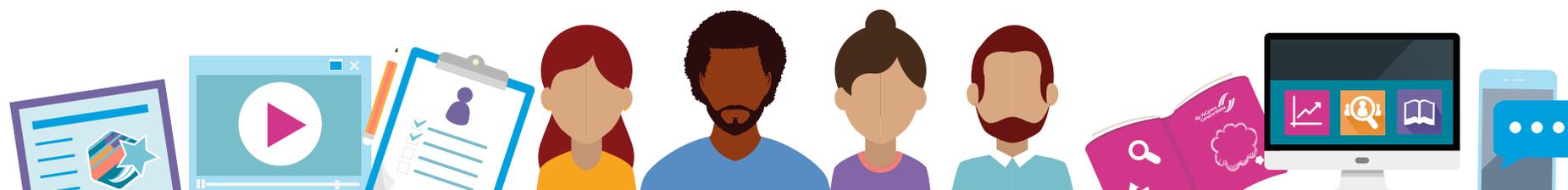


ABOUT CAREERS WALES

Careers Wales provides bi-lingual and impartial careers information, advice, and guidance to support anyone in Wales making education or employment decisions.

We are here to help you make informed decisions about your future career plans and can guide you through the different decisions you will face when choosing the right path for you.

Your college campus has a Careers Wales Adviser allocated to it who can provide in-person or digital careers information, advice or guidance support. Alternatively you can access this support through our national helpline on 0800 028 4844 between 9am and 6pm weekdays, via our website careerswales.gov.wales anytime or you can follow us on social media.



CONNECT WITH CAREERS WALES



www.careerswales.gov.wales



post@careerswales.gov.wales



0800 028 4844



Webchat



@CareersWales

WHO IS MY CAREERS ADVISER AND WHAT CAN THEY HELP WITH?



Hi I'm

your Careers Adviser at

and I can:

- Help you to make the right career decisions
- Provide advice about managing and planning your next steps
- Talk with you about your career ideas
- Guide you to explore new ideas you haven't considered yet
- Highlight relevant information that will improve your knowledge and awareness of the labour market
- Help you to understand your skills and qualities and how to use them to secure your chosen career
- Explore your motivations to help you to take action and build your resilience
- Liaise with support services to help with your personal circumstances or to help you overcome challenges you are facing.

Want to get in touch with me?

You can speak to student / learner services about making an appointment with me when I am in college next.
Or you can:

Email me at

Message me via our social media channels @careerswales

Chat with an Adviser on our webchat via our website careerswales.gov.wales

Phone us on 0800 028 4844 for more information on how Careers Wales can support you.

VISIT [CAREERSWALES.GOV.WALES](https://careers.wales.gov.wales) TO FIND OUT MORE ABOUT...

Your options



Options at 18



Apprenticeships



Degree Apprenticeships



Choosing a course at 18



Going to University



Getting a Job



Getting into Self-employment



Internships



Gap year



Adult and community education



Distance and online learning

Qualifications and funding your studies



Find out about qualifications



Funding your studies

Planning your career



How to make good career decisions



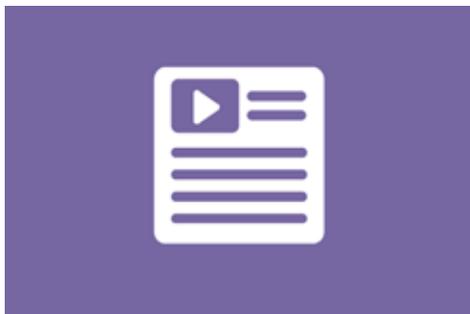
Know your strengths



Buzz Quiz



Who am I? Quiz



Job Information



About Jobs



Explore some of the jobs associated with different subjects

Making the most out of College



7 ways to make the most of college and sixth form



Started a new course? 6 questions you might ask



7 things I wish I'd done differently in college



Work experience



Volunteering

Support for Parents / Guardians



Your child's options after college



Supporting your child in college or sixth form



Supporting your child if they want to leave college

Searching and applying for jobs



[Apprenticeship Search](#)



[Employers who offer apprenticeships](#)



[Employers recruiting now](#)



[Live vacancies](#)
[Jobs Growth Wales opportunities](#)



[Christmas seasonal jobs](#)
(This is updated yearly)



[Summer seasonal jobs](#)
(This is updated yearly)



[Getting a job](#)

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Visit My Future to access easy to read information about:



Looking for work



Getting help to make decisions



Living independently



Support for parents and carers

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