

ALERGEDDAU AC ANODDEFGARWCH BWYD

Cyn archebu eich bwyd a diod, siaradwch ag aelod o staff os gwelwch yn dda os hoffech gael wybodaeth am ein cynhwysion.

AM FRECWAST

Eitemau Brecwast 50c

Cig moch wedi'i grilio, selsig cig neu **yr eitem** selsig quorn, madarch, ffa pob, tomatos, wy o'ch dewis (wedi'i sgramblo, potsio, ffrio), hash brown, tost.

Omlod tri wy - £3.50

gyda dau o'r llenwadau canlynol- Caws aeddfed Cymreig, ham, winwns/nionod, madarch neu domato gyda salad a dresin.

Cacen De wedi'i Thostio £1.50

gyda menyn Cymreig a jamiau.

DEWIS Y COGYDD

Ham Cymreig, dau wy wedi'u ffrio a £4.95 sglodion cartref.


Cyrri Cyw iâr neu Gyrru Quorn gyda siyntni £4.95 mango, poppadom a sglodion neu reis.

Ffon fara gyda stecen a winwns £4.95 gyda sglodion.

Brechdan Glwb - cyw iâr, cig moch, letys £4.95 a thomato a bara wedi'i dostio, gyda sglodion.

Cawl cartref y dydd gyda ffon fara £2.95 wedi'i sleisio.

DIODYDD

Te 	£1.20	Cappuccino	£1.95
Siocled Poeth	£2.10	Espresso	£1.30
Americano	£1.50	Latte	£2.10
Coffi Llaethog	£1.95	Dŵr Llonydd/Pefriol 	£1.40
		Diodydd Ysgafn	£1.50

Cynnyrch Cymreig  Dewis Llysieuol 

BAR BRECHDANAU-DEWISWCH EICH BARA

Gyda chreision Cymreig a gamais salad.
Bara Gwyn/Brown, baguette neu panini


DEWISWCH EICH LLENWAD

Ham Cymreig wedi'i halltu gyda £3.25 

mwstard grawn cyflawn

Caws aeddfed Cymreig a phicl £3.25 

Coctel Corgimychiaid £3.25 

Tiwna gyda mayonnaise a chiwcymer £3.25 

Brest o gyw iâr gyda mayonnaise 'light' £3.25

Brie a llysiau Canoldirol wedi'u rhostio £3.25 

SALADAU

Mae pob salad yn cynnwys dall cymysg, tomato, ciwcymer, winwns/nionod coch, pupurau cymysg, colsllo a salad tatws.

Dewis:

Ham Cymreig wedi'i halltu 

Brest cyw iâr wedi'i botsio

Pob Salad

£4.25

AR YR OCHR

Sglodion Cartref £1.50

Cylchau Winwns/Nionod £1.20

Colsllo £1.20

Bara Garlleg £1.50

Madarch hufennog gyda garlleg £1.50

TATWS POB

Tatws pob gyda dewis o lenwadau gyda gamais salad.

Plaen £2.00

Llenwadau sydd ar gael: £3.50

Caws aeddfed Cymreig,

Tiwna gyda Mayonnaise, Porc wedi'i dynnu

gyda saws BBQ, Cyrri Cyw iâr/quorn neu

Goctel Corgimychiaid.

Tsili neu fadarch garlleg.

Ffa pob neu golslo £3.00 

Llenwadau ychwanegol 50c yr un



Menu

WELCOME TO BLASUS, OUR COLLEGE TRAINING RESTAURANT

Customers are kindly reminded that Blasus is a classroom environment that prepares students for the hospitality industry. Your role as a customer is valuable to their training and we thank you for your patience and support.

OPENING TIMES

Monday - Friday 10.00am - 1.30pm

BLASUS COFFEE LOUNGE

NPTC Group of Colleges,
Dŵr-y-Felin Road, Neath
Tel. 0330 818 8100



FOOD ALLERGIES & INTOLERANCES

Before you order your food and drinks, please speak to a member of staff if you want to know about our ingredients.

FOR BREAKFAST

Breakfast items 50p

Grilled bacon, meat or quorn sausages, mushrooms, baked beans, plum tomatoes, poached, scramble or fried egg, hash brown, toast.

Three egg omelette - filled with two of the following fillings: Mature Welsh cheddar, ham, onion, mushroom or tomato served with a dressed salad. ✓ £3.50

Toasted teacake £1.50
with Welsh butter and preserve.

CHEF'S CHOICE

Welsh ham, double fried eggs and hand cut chips. £4.95

Chicken or Quorn Curry served with mango chutney, poppadoms, rice or chips. ✓ £4.95

Steak Baguette, steak and onion in a homemade baguette served with chips. £4.95

Club Sandwich: chicken, bacon, mayo, lettuce & tomato in toasted bread served with chips. £4.95

Homemade soup of the day served with sliced baguette. £2.95

BEVERAGES



Tea 	£1.20	Cappuccino	£1.95
Hot Chocolate	£2.10	Espresso	£1.30
Americano	£1.50	Latte	£2.10
Milky Coffee	£1.95	Sparkling/Still Water 	£1.40
		Soft Drinks	£1.50

 Welsh Produce ✓ Vegetarian Option

SANDWICH BAR - SELECT YOUR BREAD

All served with Welsh crisps and salad gamish.
White/brown bread, baguette or panini.

NOW SELECT YOUR FILLING

Welsh cured ham and wholegrain mustard	£3.25 
Mature Welsh cheddar and pickle	£3.25 
Prawn in Marie rose sauce	£3.25 ✓
Tuna mayonnaise and cucumber	£3.25 ✓
Breast of chicken & light mayo	£3.25
Brie and roasted vegetables melt	£3.25 ✓

SALADS

All salads are served with mixed leaves, tomato, cucumber, red onion, mixed peppers, coleslaw and potato salad.

Choose from:

Welsh cured ham 
Lean chicken breast

All Salads
£4.25

SIDES

Hand cut chips	£1.50
Onion rings	£1.20
Coleslaw	£1.20
Garlic bread	£1.50
Creamy garlic mushrooms	£1.50

JACKET POTATO

Baked potato with a choice of fillings all served with salad gamish.

Plain	£2.00
Fillings available:	£3.50
Mature Welsh Cheddar, Tuna Mayo, Chicken or Quorn Curry, Prawn in Marie rose sauce, or Garlic Mushrooms	

Baked beans or coleslaw ✓ £3.00
Extra fillings 50p each


LOLFA GOFFI
COFFEE LOUNGE

Bwydlen

CROESO I BLASUS, EIN BWYTY HYFFORDDI YN Y COLEG

Rydym yn atgoffa'n cwsmeriaid bod Blasus yn amgylchedd hyfforddi sy'n paratol dysgwyr ar gyfer y diwydlant arlwyyo.
Mae elch rol fel cwsmer yn bwysig i'w hyfforddiant ac rydym yn ddiolchgar i chi am elch amynedd a'ch cefnogaeth.

ORLAU AGOR

Dydd Llun - Llun Gwener 10.00am - 1.30pm

BLASUS - LOLFA GOFFI

Grŵp Colegau NPTC,
Heol Dŵr-y-Felin, Castell-nedd
Ffôn. 0330 818 8100

